


Date	Distance (m)	Répétitions	Temps prono cible (%)	Cadence (rpm)	Rameur 1 (stroke)	Rameur 2	Rameur 3	Rameur 4 (bow)	Bateau / Catégorie	Notes	100% Prognostic 2km Time	Target session Prognos. Time	Average per 500m	Average Time	Actual Prognostic Boat Speed %	Time 1
03/04/2026	1500	1	100%	libres	BOSQUET Mya	BOVE Claire			W2x	Trials Avrl 26 - J1C1	6.350	4.563	01:44.2	5.125	94.81%	5.125
03/04/2026	1500	1	100%	libres	RAYET Teo	LUDWIG Florian	GICQUEAU Alistair	PFISTER Armand	M4-	Trials Avrl 26 - J1C1	5.350	4.113	01:28.5	4.255	94.64%	4.255
03/04/2026	1500	1	100%	libres	IMARD Maxence	KHALOUA Mael			JM2x	Trials Avrl 26 - J1C1	6.099	4.374	01:38.2	4.547	94.15%	4.547
03/04/2026	1500	1	100%	libres	DESCOT VIGOUROUX Louis	TUBIDIS Odysseas			BM2-	Trials Avrl 26 - J1C1	6.116	4.387	01:38.8	4.565	94.01%	4.565
03/04/2026	1500	1	100%	libres	LUDWIG Frédéric	DESMOLLES Leo			BLM2x	Trials Avrl 26 - J1C1	6.080	4.360	01:37.9	4.536	94.00%	4.536
03/04/2026	1500	1	100%	libres	ARQUE Samuel	ROCH Hugo			M2x	Trials Avrl 26 - J1C1 - False depart et stop	5.570	4.278	01:35.0	4.450	93.96%	4.450
03/04/2026	1500	1	100%	libres	OUDET Agathe	BAILLEUL Margaux			W2x	Trials Avrl 26 - J1C1	6.350	4.563	01:45.4	5.162	93.69%	5.162
03/04/2026	1500	1	100%	libres	GODDE Jordan	MOCKELS Arthur			BM2x	Trials Avrl 26 - J1C1	6.024	4.318	01:36.8	4.505	93.56%	4.505
03/04/2026	1500	1	100%	libres	BONNAVES Gregoire	STAMBACH François			JM2x	Trials Avrl 26 - J1C1	6.099	4.374	01:39.5	4.586	92.92%	4.586
03/04/2026	1500	1	100%	libres	GENTIN Heloise	YVINEC Camille			JW2x	Trials Avrl 26 - J1C1	6.493	5.070	01:50.2	5.306	92.86%	5.306
03/04/2026	1500	1	100%	libres	MASSEMIN Milla	AERNOUDTS Violaine			W2x	Trials Avrl 26 - J1C1	6.350	4.563	01:46.3	5.190	92.86%	5.190
03/04/2026	1500	1	100%	libres	DELACOMMUN E Albin	CHENEDE Elouen			BM2x	Trials Avrl 26 - J1C1	6.024	4.318	01:37.7	4.530	92.76%	4.530
03/04/2026	1500	1	100%	libres	BONNIN Marc	FANTINO APERT Gabin	SION Mayeul	MEZOUGH I AUGUSTE Balthazar	JM4-	Trials Avrl 26 - J1C1	5.472	4.204	01:33.7	4.412	92.61%	4.412
03/04/2026	1500	1	100%	libres	DESCOT VIGOUROUX Louis	TUBIDIS Odysseas			M2-	Trials Avrl 26 - J1C1	6.060	4.345	01:38.8	4.565	92.59%	4.565
03/04/2026	1500	1	100%	libres	MARCELOT Victor	LAMIRAL Yoann			M2x	Trials Avrl 26 - J1C1	5.570	4.278	01:36.7	4.500	92.33%	4.500
03/04/2026	1500	1	100%	libres	MOLINS Pierre				BM1x	Trials Avrl 26 - J1C1	6.339	4.554	01:46.7	5.202	92.26%	5.202
03/04/2026	1500	1	100%	libres	GALLEN Rose	PHILIPPE Lou			BLW2x	Trials Avrl 26 - J1C1	6.455	5.041	01:50.0	5.300	92.16%	5.300
03/04/2026	1500	1	100%	libres	PORTIER Chloe	LEFEBVRE Louise			W2x	Trials Avrl 26 - J1C1	6.350	4.563	01:47.6	5.228	91.78%	5.228
03/04/2026	1500	1	100%	libres	BOUCHIKHI Lilya	HOFLAND Lina			JW2-	Trials Avrl 26 - J1C1	6.597	5.148	01:54.4	5.431	91.76%	5.431
03/04/2026	1500	1	100%	libres	NOUVEL Raphaël	PERONNE Mael			JM2-	Trials Avrl 26 - J1C1	6.193	4.445	01:43.5	5.105	91.63%	5.105
03/04/2026	1500	1	100%	libres	BOBILLIER Gabriel	BEL MOUCHARD Jules	WARIN Simon	DURET Arthur	BM4-	Trials Avrl 26 - J1C1	5.401	4.151	01:32.8	4.385	91.58%	4.385
03/04/2026	1500	1	100%	libres	GUILLOTON Elisa	PERVIEUX Lydie			JW2x	Trials Avrl 26 - J1C1	6.493	5.070	01:52.2	5.365	91.22%	5.365
03/04/2026	1500	1	100%	libres	AHYEE-LABART Manon	HERSCOVICI Lea			BW2-	Trials Avrl 26 - J1C1	6.512	5.084	01:53.3	5.400	90.71%	5.400
03/04/2026	1500	1	100%	libres	EL HAMRI Adam	CAILLEAUX Hippolyte			JM2-	Trials Avrl 26 - J1C1	6.193	4.445	01:44.6	5.137	90.69%	5.137
03/04/2026	1500	1	100%	libres	LUDWIG Fabrice	OBRIEN Ronan			JM2-	Trials Avrl 26 - J1C1	6.193	4.445	01:46.8	5.204	88.79%	5.204
03/04/2026	1500	1	100%	libres	THOMAS Awen	EL KHOLTI Victor			M2-	Trials Avrl 26 - J1C1	6.060	4.345	01:43.5	5.105	88.41%	5.105
03/04/2026	1500	0	100%	libres	WALES Anaelle	MARCHAND Lucie			JW2x	Trials Avrl 26 - J1C1 - Pelle Cassee	6.493	5.070	#DIV/0!	#DIV/0!	#DIV/0!	
03/04/2026	1500	1	100%	libres	SELLIER Jeanne				EBW	Trials Avrl 26 - J1C1 - ERG	6.329	4.578			94.15%	5.130



Date	Distance (m)	Répétitions	Temps pronostic (%)	Cadence (rpm)	Rameur 1 (stroke)	Rameur 2	Rameur 3	Rameur 4 (bow)	Bateau / Catégorie	Notes	100% Prognostic 2km Time	Target session Prognos. Time	Average per 500m	Average Time	Actual Prognostic Boat Speed %		Time 1	Time 2
03/04/2026	1500	1	100%	libres	BOVE Claire	BOSQUET Mya			W2x	Trials Avr1 26 - J1C2	6.350	4.563	01:44.2	5.127	94.73%			5.127
03/04/2026	1500	1	100%	libres	IMARD Maxence	BONNAVES Gregoire			JM2x	Trials Avr1 26 - J1C2	6.099	4.374	01:37.8	4.535	94.54%	0.19%		4.535
03/04/2026	1500	1	100%	libres	ARQUE Samuel	ROCH Hugo			M2x	Trials Avr1 26 - J1C2	5.570	4.278	01:35.0	4.449	93.98%	0.75%		4.449
03/04/2026	1500	1	100%	libres	MASSEMIN Milla	BAILLEUL Margaux			W2x	Trials Avr1 26 - J1C2	6.350	4.563	01:45.1	5.154	93.93%	0.80%		5.154
03/04/2026	1500	1	100%	libres	STAMBACH François	KHALOUA Mael			JM2x	Trials Avr1 26 - J1C2	6.099	4.374	01:38.6	4.558	93.80%	0.93%		4.558
03/04/2026	1500	1	100%	libres	RAYET Teo	LUDWIG Florian	GICQUEAU Alistair	PFISTER Armand	M4-	Trials Avr1 26 - J1C2	5.350	4.113	01:29.3	4.280	93.77%	0.96%		4.280
03/04/2026	1500	1	100%	libres	GODDE Jordan	MOCKELS Arthur			BM2x	Trials Avr1 26 - J1C2	6.024	4.318	01:36.6	4.499	93.75%	0.98%		4.499
03/04/2026	1500	1	100%	libres	OUDET Agathe	AERNOUDTS Violaine			W2x	Trials Avr1 26 - J1C2	6.350	4.563	01:45.4	5.161	93.73%	1.00%		5.161
03/04/2026	1500	1	100%	libres	LUDWIG Frédéric	DESMOLLES Leo			BLM2x	Trials Avr1 26 - J1C2	6.080	4.360	01:38.2	4.547	93.65%	1.08%		4.547
03/04/2026	1500	1	100%	libres	DESCOT VIGOUROUX Louis	TUBIDIS Odysseas	WARIN Simon	BOBILLIER Gabriel	BM4-	Trials Avr1 26 - J1C2	5.401	4.151	01:30.9	4.328	93.50%	1.23%		4.328
03/04/2026	1500	1	100%	libres	LAMIRAL Yoann	MARCELOT Victor			M2x	Trials Avr1 26 - J1C2	5.570	4.278	01:35.7	4.470	93.30%	1.43%		4.470
03/04/2026	1500	1	100%	libres	DELACOMMUN E Albin	MOLINS Pierre			BM2x	Trials Avr1 26 - J1C2	6.024	4.318	01:37.3	4.520	93.07%	1.66%		4.520
03/04/2026	1500	1	100%	libres	FANTINO APERT Gabin	BONNIN Marc			JM2-	Trials Avr1 26 - J1C2	6.193	4.445	01:42.0	5.060	92.97%	1.76%		5.060
03/04/2026	1500	1	100%	libres	GALLEN Rose	PHILIPPE Lou			BLW2x	Trials Avr1 26 - J1C2	6.455	5.041	01:49.1	5.274	92.89%	1.84%		5.274
03/04/2026	1500	1	100%	libres	YVINEC Camille	PERVIEUX Lydie			JW2x	Trials Avr1 26 - J1C2	6.493	5.070	01:50.3	5.310	92.76%	1.97%		5.310
03/04/2026	1500	1	100%	libres	GENTIN Heloise	GUILLOTON Elisa			JW2x	Trials Avr1 26 - J1C2	6.493	5.070	01:50.4	5.313	92.66%	2.07%		5.313
03/04/2026	1500	1	100%	libres	WALES Anaëlle	MARCHAND Lucie			JW2x	Trials Avr1 26 - J1C2	6.493	5.070	01:50.5	5.316	92.57%	2.16%		5.316
03/04/2026	1500	1	100%	libres	BOUCHIKHI Lilya	HOFLAND Lina			JW2-	Trials Avr1 26 - J1C2	6.597	5.148	01:53.4	5.403	92.49%	2.24%		5.403
03/04/2026	1500	1	100%	libres	NOUVEL Raphaël	PERONNE Mael	SION Mayeul	MEZOUGH AUGUSTE Balthazar	JM4-	Trials Avr1 26 - J1C2	5.472	4.204	01:33.9	4.417	92.44%	2.29%		4.417
03/04/2026	1500	1	100%	libres	EL HAMRI Adam	CAILLEAUX Hippolyte	OBRIEN Ronan	LUDWIG Fabrice	JM4-	Trials Avr1 26 - J1C2	5.472	4.204	01:34.2	4.427	92.12%	2.62%		4.427
03/04/2026	1500	1	100%	libres	CHENEDE Elouen				BM1x	Trials Avr1 26 - J1C2	6.339	4.554	01:47.2	5.216	91.86%	2.87%		5.216
03/04/2026	1500	1	100%	libres	BEL MOUCHARD Jules	DURET Arthur			BM2-	Trials Avr1 26 - J1C2	6.116	4.387	01:41.4	5.041	91.66%	3.07%		5.041
03/04/2026	1500	1	100%	libres	SELLIER Jeanne	HERSCOVICI Lea			BW2-	Trials Avr1 26 - J1C2	6.512	5.084	01:52.4	5.373	91.43%	3.30%		5.373
03/04/2026	1500	1	100%	libres	LEFEBVRE Louise	PORTIER Chloe			W2x	Trials Avr1 26 - J1C2	6.350	4.563	01:48.1	5.243	91.35%	3.38%		5.243
03/04/2026	1500	1	100%	libres	EL KHOLTI Victor	THOMAS Awen			M2-	Trials Avr1 26 - J1C2	6.060	4.345	01:43.6	5.107	88.36%	6.37%		5.107
03/04/2026	1500	1	100%	libres	AHYEE-LABART Manon				EBW	Trials Avr1 26 - J1C1 2- ERG			01:45.9		92.75%		5.177	

																 Fédération Française d'AVIRON			
Date	Distance (m)	Répétitions	Temps pronosticible (%)	Cadence (rpm)	Rameur 1 (stroke)	Rameur 2	Rameur 3	Rameur 4 (bow)	Bateau / Catégorie	Notes	100% Prognostic 2km Time	Target session Prognos. Time	Average per 500m	Average Time	Actual Prognostic Boat Speed %		Time 1	Time 2	Time 3
04/04/2026	1500	1	100%	libres	BOSQUET Mya	BOVE Claire			W2x	Trials Avrl 26 - J2C3	6.350	4.563	01:43.2	5.097	95.67%				5.097
04/04/2026	1500	1	100%	libres	KHALOUA Mael	BONNAVES Gregoire			JM2x	Trials Avrl 26 - J2C3	6.099	4.374	01:37.4	4.523	94.92%	0.75%			4.523
04/04/2026	1500	1	100%	libres	MASSEMIN Milla	OUDET Agathe			W2x	Trials Avrl 26 - J2C3	6.350	4.563	01:44.1	5.123	94.87%	0.80%			5.123
04/04/2026	1500	1	100%	libres	MARCELOT Victor	ROCH Hugo			M2x	Trials Avrl 26 - J2C3	5.570	4.278	01:34.2	4.426	94.75%	0.92%			4.426
04/04/2026	1500	1	100%	libres	ARQUE Samuel	LAMIRAL Yoann			M2x	Trials Avrl 26 - J2C3	5.570	4.278	01:34.5	4.435	94.44%	1.22%			4.435
04/04/2026	1500	1	100%	libres	LUDWIG Frédéric	DELACOMMU NE Albin			BLM2x	Trials Avrl 26 - J2C3	6.080	4.360	01:37.5	4.524	94.40%	1.27%			4.524
04/04/2026	1500	1	100%	libres	IMARD Maxence	STAMBACH François			JM2x	Trials Avrl 26 - J2C3	6.099	4.374	01:38.6	4.559	93.76%	1.91%			4.559
04/04/2026	1500	1	100%	libres	GODDE Jordan	MOCKELS Arthur			BM2x	Trials Avrl 26 - J2C3	6.024	4.318	01:36.8	4.503	93.61%	2.06%			4.503
04/04/2026	1500	1	100%	libres	RAYET Teo	TUBIDIS Odysseas	GICQUEAU Alistair	PFISTER Armand	M4-	Trials Avrl 26 - J2C3	5.350	4.113	01:29.5	4.286	93.54%	2.13%			4.286
04/04/2026	1500	1	100%	libres	LUNATTI Emma				W1x	Trials Avrl 26 - J2C3	7.056	5.192	01:53.8	5.414	93.51%	2.16%			5.414
04/04/2026	1500	1	100%	libres	CHENEDE Elouen	MOLINS Pierre			BM2x	Trials Avrl 26 - J2C3	6.024	4.318	01:36.9	4.508	93.46%	2.21%			4.508
04/04/2026	1500	1	100%	libres	GALLEN Rose	PHILIPPE Lou			BLW2x	Trials Avrl 26 - J2C3	6.455	5.041	01:48.5	5.256	93.41%	2.26%			5.256
04/04/2026	1500	1	100%	libres	MEZOUGH AUGUSTE Balthazar	SION Mayeul			JM2-	Trials Avrl 26 - J2C3	6.193	4.445	01:41.7	5.051	93.25%	2.42%			5.051
04/04/2026	1500	1	100%	libres	DESCOT VIGOUROUX Louis	BOBILLIER Gabriel	WARIN Simon	DURET Arthur	BM4-	Trials Avrl 26 - J2C3	5.401	4.151	01:31.2	4.337	93.19%	2.48%			4.337
04/04/2026	1500	1	100%	libres	WALES Anaelle	HOFLAND Lina			JW2x	Trials Avrl 26 - J2C3	6.493	5.070	01:50.1	5.303	92.95%	2.72%			5.303
04/04/2026	1500	1	100%	libres	NOUVEL Raphaël	PERONNE Mael	BONNIN Marc	FANTINO APERT Gabin	JM4-	Trials Avrl 26 - J2C3	5.472	4.204	01:33.6	4.409	92.71%	2.96%			4.409
04/04/2026	1500	1	100%	libres	BAILLEUL Margaux	AERNOUDTS Violaine			W2x	Trials Avrl 26 - J2C3	6.350	4.563	01:46.6	5.197	92.67%	3.00%			5.197

04/04/2026	1500	1	100%	libres	GENTIN Heloise	PERVIEUX Lydie			JW2x	Trials Avrl 26 - J2C3	6.493	5.070	01:50.6	5.317	92.55%	3.12%			5.317
04/04/2026	1500	1	100%	libres	THOMAS Awen				M1x	Trials Avrl 26 - J2C3	6.280	4.510	01:45.3	5.160	92.10%	3.57%			5.160
04/04/2026	1500	1	100%	libres	HERSCOVICI Lea	SELLIER Jeanne			BW2-	Trials Avrl 26 - J2C3	6.512	5.084	01:51.8	5.353	91.97%	3.70%			5.353
04/04/2026	1500	1	100%	libres	YVINEC Camille	GUILLOTON Elisa			JW2x	Trials Avrl 26 - J2C3	6.493	5.070	01:52.0	5.361	91.34%	4.33%			5.361
04/04/2026	1500	1	100%	libres	EL HAMRI Adam	CAILLEAUX Hippolyte	OBRIEN Ronan	LUDWIG Fabrice	JM4-	Trials Avrl 26 - J2C3	5.472	4.204	01:35.1	4.454	91.24%	4.43%			4.454
04/04/2026	1500	1	100%	libres	DESMOLLES Leo				BLM1x	Trials Avrl 26 - J2C3	6.400	5.000	01:49.8	5.295	91.04%	4.63%			5.295
04/04/2026	1500	1	100%	libres	BOUCHIKHI Lilya	MARCHAND Lucie			JW2-	Trials Avrl 26 - J2C3	6.597	5.148	01:55.8	5.474	90.60%	5.07%			5.474
04/04/2026	1500	1	100%	libres	BEL MOUCHARD Jules	EL KHOLTI Victor			M2-	Trials Avrl 26 - J2C3	6.060	4.345	01:43.7	5.110	88.27%	7.40%			5.110
.4/04/2026	2000	1	100.0%	libres	LEFEBVRE Louise				EW	Trials Avrl 26 - J2C3	6.211	6.329	01:41.9	14.80	93.48%				6.477
.4/04/2026	2000	1	100.0%	libres	PORTIER Chloe				EW	Trials Avrl 26 - J2C3	6.211	6.211	01:47.3	48.20	88.77%				7.093
04/04/2026	1500	1	100%	libres	AHYEE-LABART Manon				EBW	Trials Avrl 26 - J1C1 2- ERG	6.329	4.458	01:46.5	33.57	92.26%				5.194

																				
Date	Distance (m)	Répétitions	Temps pronostic (%)	Cadence (rpm)	Rameur 1 (stroke)	Rameur 2	Rameur 3	Rameur 4 (bow)	Bateau / Catégorie	Notes	100% Prognostic 2km Time	Target session Prognos. Time	Average per 500m	Average Time	Actual Prognostic Boat Speed %		Time 1	Time 2	Time 3	Time 4
05/04/2026	1500	1	100%	libres	BOSQUET Mya	OUDET Agathe			W2x	Trials Avrl 26 - J3C4 - false start	6.350	4.563	01:43.4	5.101						5.101
05/04/2026	1500	1	100%	libres	LAMIRAL Yoann	ROCH Hugo			M2x	Trials Avrl 26 - J3C4	5.570	4.278	01:33.9	4.416	0.45%					4.416
05/04/2026	1500	1	100%	libres	IMARD Maxence	KHALOUA Mael			JM2x	Trials Avrl 26 - J3C4	6.099	4.374	01:37.3	4.518	0.45%					4.518
05/04/2026	1500	1	100%	libres	DESMOLLES Leo	DELACOMMUNE Albin			BLM2x	Trials Avrl 26 - J3C4	6.080	4.360	01:37.0	4.511	94.83%	0.70%				4.511
05/04/2026	1500	1	100%	libres	GALLEN Rose	PHILIPPE Lou			BLW2x	Trials Avrl 26 - J3C4	6.455	5.041	01:47.1	5.212	94.67%	0.86%				5.212
05/04/2026	1500	1	100%	libres	MARCELOT Victor				M1x	Trials Avrl 26 - J3C4	6.280	4.510	01:42.6	5.078	94.55%	0.98%				5.078
05/04/2026	1500	1	100%	libres	PERON Hezekia	CORNELIS Emma			W2-	Trials Avrl 26 - J3C4	6.450	5.038	01:47.1	5.214	94.52%	1.02%				5.214
05/04/2026	1500	1	100%	libres	BOVE Claire				W1x	Trials Avrl 26 - J3C4	7.056	5.192	01:52.9	5.387	94.24%	1.30%				5.387
05/04/2026	1500	1	100%	libres	CHENEDE Elouen	MOCKELS Arthur			BM2x	Trials Avrl 26 - J3C4	6.024	4.318	01:36.4	4.492	93.99%	1.54%				4.492
05/04/2026	1500	1	100%	libres	BAILLEUL Margaux	LEFEBVRE Louise			W2x	Trials Avrl 26 - J3C4	6.350	4.563	01:45.1	5.152	93.99%	1.55%				5.152
05/04/2026	1500	1	100%	libres	GENTIN Heloise	YVINEC Camille			JW2x	Trials Avrl 26 - J3C4	6.493	5.070	01:48.9	5.267	93.97%	1.56%				5.267
05/04/2026	1500	1	100%	libres	STAMBACH François	BONNAVES Gregoire			JM2x	Trials Avrl 26 - J3C4	6.099	4.374	01:38.5	4.554	93.91%	1.63%				4.554
05/04/2026	1500	1	100%	libres	GODDE Jordan	MOLINS Pierre			BM2x	Trials Avrl 26 - J3C4	6.024	4.318	01:36.5	4.495	93.88%	1.65%				4.495
05/04/2026	1500	1	100%	libres	WALES Anaelle	HOFLAND Lina			JW2x	Trials Avrl 26 - J3C4	6.493	5.070	01:49.0	5.271	93.84%	1.69%				5.271
05/04/2026	1500	1	100%	libres	MEZOUGH AUGUSTE Balthazar	FANTINO APERT Gabin	SION Mayeul	BONNIN Marc	JM4-	Trials Avrl 26 - J3C4	5.472	4.204	01:32.6	4.377	93.78%	1.75%				4.377
05/04/2026	1500	1	100%	libres	PORTIER Chloe	AERNOUDTS Violaine			W2x	Trials Avrl 26 - J3C4	6.350	4.563	01:45.3	5.159	93.78%	1.75%				5.159
05/04/2026	1500	1	100%	libres	HERSCOVICI Lea	AHYEE-LABAR T Manon			BW2-	Trials Avrl 26 - J3C4	6.512	5.084	01:50.0	5.301	93.43%	2.10%				5.301

05/04/2026	1500	1	100%	libres	LUDWIG Frédéric				BLM1x	Trials Avrl 26 - J3C4	6.400	5.000	01:47.2	5.217	93.24%	2.29%				5.217
05/04/2026	1500	1	100%	libres	DURET Arthur	BEL MOUCHARD Jules			BM2-	Trials Avrl 26 - J3C4	6.116	4.387	01:41.2	5.037	91.77%	3.77%				5.037
05/04/2026	1500	1	100%	libres	GUILLOTON Elisa	PERVIEUX Lydie			JW2x	Trials Avrl 26 - J3C4	6.493	5.070	01:51.9	5.356	91.48%	4.06%				5.356
05/04/2026	1500	1	100%	libres	EL HAMRI Adam	PERONNE Mael	NOUVEL Raphaël	CAILLEAUX Hippolyte	JM4-	Trials Avrl 26 - J3C4	5.472	4.204	01:34.9	4.448	91.42%	4.11%				4.448
05/04/2026	1500	1	100%	libres	BOUCHIKHI Lilya	MARCHAND Lucie			JW2-	Trials Avrl 26 - J3C4	6.597	5.148	01:55.5	5.464	90.86%	4.67%				5.464
05/04/2026	1500	1	100%	libres	LUDWIG Fabrice	OBRIEN Ronan			JM2-	Trials Avrl 26 - J3C4	6.193	4.445	01:44.5	5.136	90.71%	4.82%				5.136
05/04/2026	1500	1	100%	libres	EL KHOLTI Victor	THOMAS Awen			M2-	Trials Avrl 26 - J3C4	6.060	4.345	01:41.1	5.034	90.48%	5.05%				5.034
05/04/2026	1500	0	100%	libres	ARQUE Samuel	MARCELOT Victor			M2x	Trials Avrl 26 - J3C4 - DNS	5.570	4.278	#DIV/0!	#DIV/0!	#DIV/0!					
05/04/2026	2000	3	100%	libres	SELLIER Jeanne				EBW					01:46.9	91.88%					7.076



Date	Distance (m)	Répétitions	Temps prono cible (%)	Cadence (rpm)	Rameur 1 (stroke)	Rameur 2	Rameur 3	Rameur 4 (bow)	Bateau / Catégorie	Notes	100% Prognostic 2km Time	Target session Prognos. Time	Average per 500m	Average Time	Actual Prognostic Boat Speed %		Time 1	Time 2	Time 3	Time 4	Time 5
05/04/2026	1500	1	100%	libres	MOCKELS Arthur	ROCH Hugo			BM2x	Trials Avrl 26 - J3C5	6.024	4.318	01:32.8	4.385	97.60%						4.385
05/04/2026	1500	1	100%	libres	MOCKELS Arthur	ROCH Hugo			M2x	Trials Avrl 26 - J3C5	5.570	4.278	01:32.8	4.385	96.14%	1.46%					4.385
05/04/2026	1500	1	100%	libres	BOVE Claire	OUDET Agathe			W2x	Trials Avrl 26 - J3C5	6.350	4.563	01:42.8	5.083	96.10%	1.49%					5.083
05/04/2026	1500	1	100%	libres	CHENEDE Elouen	GODDE Jordan			BM2x	Trials Avrl 26 - J3C5	6.024	4.318	01:34.9	4.446	95.50%	2.10%					4.446
05/04/2026	1500	1	100%	libres	MEZOUGH I AUGUSTE Balthazar	STAMBACH François	FANTINO APERT Gabin	BONNIN Marc	JM4-	Trials Avrl 26 - J3C5	5.472	4.204	01:31.0	4.330	95.37%	2.22%					4.330
05/04/2026	1500	1	100%	libres	DESMOLLES Leo	LUDWIG Frédéric			BLM2x	Trials Avrl 26 - J3C5	6.080	4.360	01:36.5	4.494	95.36%	2.24%					4.494
05/04/2026	1500	1	100%	libres	BAILLEUL Margaux	PORTIER Chloe			W2x	Trials Avrl 26 - J3C5	6.350	4.563	01:44.4	5.131	94.61%	2.99%					5.131
05/04/2026	1500	1	100%	libres	NOUVEL Raphaël	PERONNE Mael			JM2-	Trials Avrl 26 - J3C5	6.193	4.445	01:40.3	5.009	94.54%	3.06%					5.009
05/04/2026	1500	1	100%	libres	GENTIN Heloise	HOFLAND Lina			JW2x	Trials Avrl 26 - J3C5	6.493	5.070	01:48.4	5.252	94.41%	3.19%					5.252
05/04/2026	1500	1	100%	libres	BONNAVES Gregoire				JM1x	Trials Avrl 26 - J3C5	6.421	5.016	01:46.7	5.201	94.21%	3.39%					5.201
05/04/2026	1500	1	100%	libres	BOUCHIKHI Lilya	PERVIEUX Lydie			JW2-	Trials Avrl 26 - J3C5	6.597	5.148	01:51.7	5.350	93.95%	3.65%					5.350
05/04/2026	1500	1	100%	libres	WALES Anaelle	YVINEC Camille			JW2x	Trials Avrl 26 - J3C5	6.493	5.070	01:48.9	5.268	93.94%	3.66%					5.268
05/04/2026	1500	1	100%	libres	MOLINS Pierre				BM1x	Trials Avrl 26 - J3C5	6.339	4.554	01:45.6	5.167	93.28%	4.32%					5.167
05/04/2026	1500	1	100%	libres	BOSQUET Mya				W1x	Trials Avrl 26 - J3C5	7.056	5.192	01:54.6	5.438	92.85%	4.75%					5.438
05/04/2026	1500	1	100%	libres	EL HAMRI Adam	SION Mayeul			JM2-	Trials Avrl 26 - J3C5	6.193	4.445	01:42.4	5.073	92.57%	5.03%					5.073
05/04/2026	1500	1	100%	libres	DELACOMMUN E Albin				BLM1x	Trials Avrl 26 - J3C5	6.400	5.000	01:48.4	5.252	92.25%	5.35%					5.252
05/04/2026	1500	1	100%	libres	LEFEBVRE Louise	AERNOUDTS Violaine			W2x	Trials Avrl 26 - J3C5	6.350	4.563	01:47.1	5.212	92.22%	5.38%					5.212

05/04/2026	1500	1	100%	libres	SELLIER Jeanne	AHYEE-LABAR T Manon			BW2-	Trials Avr1 26 - J3C5	6.512	5.084	01:52.5	5.375	91.39%	6.21%					5.375
05/04/2026	1500	0	100%	libres	GUILLOTON Elisa	MARCHAND Lucie			JW2x	Trials Avr1 26 - J3C5	6.493	5.070	#VALUE!	#VALUE!	#VALUE!						dns
05/04/2026	2000	1	100%		HERSCOVICI Lea				EBW	Trials Avr1 26 - J3C5	6.329	4.78	01:44.7	5.09	93.86%						6.586



Date	Distance (m)	Répétitions	Temps pronostic (%)	Cadence (rpm)	Rameur 1 (stroke)	Rameur 2	Rameur 3	Rameur 4 (bow)	Bateau / Catégorie	Notes	100% Prognostic 2km Time	Target session Prognos. Time	Average per 500m	Average Time	Actual Prognostic Boat Speed %		Time 1	Time 2	Time 3	Time 4	Time 5	Time 6
06/04/2026	1500	1	100%	libres	GODDE Jordan	ROCH Hugo			BM2x	Trials Avrl 26 - J4C6	6.024	4.318	01:39.1	4.572	91.44%							4.572
06/04/2026	1500	1	100%	libres	BOSQUET Mya	OUDET Agathe	BAILLEUL Margaux	BOVE Claire	W4X	Trials Avrl 26 - J4C6	6.033	4.325	01:39.6	4.587	91.21%	0.24%						4.587
06/04/2026	1500	1	100%	libres	DESMOLLES Gabin	DELACOMMUNE Albin			BLM2x	Trials Avrl 26 - J4C6	6.080	4.360	01:41.4	5.043	90.71%	0.73%						5.043
06/04/2026	1500	1	100%	libres	MOCKELS Arthur	MOLINS Pierre			BM2x	Trials Avrl 26 - J4C6	6.024	4.318	01:40.5	5.016	90.13%	1.32%						5.016
06/04/2026	1500	1	100%	libres	GODDE Jordan	ROCH Hugo			M2x	Trials Avrl 26 - J4C6	5.570	4.278	01:39.1	4.572	90.08%	1.36%						4.572
06/04/2026	1500	1	100%	libres	YVINEC Camille	HOFLAND Lina			JW2x	Trials Avrl 26 - J4C6	6.493	5.070	01:54.5	5.435	89.36%	2.09%						5.435
06/04/2026	1500	1	100%	libres	GENTIN Heloise	MARCHAND Lucie			JW2x	Trials Avrl 26 - J4C6	6.493	5.070	01:55.1	5.452	88.92%	2.53%						5.452
06/04/2026	1500	1	100%	libres	HERSCOVICI Lea	AHYEE-LABART Manon			BW2-	Trials Avrl 26 - J4C6	6.512	5.084	01:56.1	5.483	88.56%	2.89%						5.483
06/04/2026	1500	1	100%	libres	LUDWIG Frédéric				BLM1x	Trials Avrl 26 - J4C6	6.400	5.000	01:53.0	5.391	88.47%	2.98%						5.391
06/04/2026	1500	1	100%	libres	MARCELOT Victor				M1x	Trials Avrl 26 - J4C6	6.280	4.510	01:49.7	5.290	88.46%	2.98%						5.290
06/04/2026	1500	1	100%	libres	BOUCHIKHI Lilya	PERVIEUX Lydie			JW2-	Trials Avrl 26 - J4C6	6.597	5.148	01:58.7	5.560	88.43%	3.01%						5.560
06/04/2026	1500	1	100%	libres	CHENEDE Elouen				BM1x	Trials Avrl 26 - J4C6	6.339	4.554	01:53.0	5.391	87.13%	4.31%						5.391
06/04/2026	1500	1	100%	libres	NOUVEL Raphaël	PERONNE Mael			JM2-	Trials Avrl 26 - J4C6	6.193	4.445	01:49.0	5.269	87.02%	4.43%						5.269
06/04/2026	1500	1	100%	libres	BONNAVES Gregoire				JM1x	Trials Avrl 26 - J4C6	6.421	5.016	01:55.8	5.474	86.81%	4.64%						5.474
06/04/2026	1500	1	100%	libres	EL HAMRI Adam	SION Mayeul			JM2-	Trials Avrl 26 - J4C6	6.193	4.445	01:50.1	5.302	86.16%	5.28%						5.302
06/04/2026	1500	1	100%	libres	WALES Anaëlle				JW1x	Trials Avrl 26 - J4C6	7.210	5.308	02:09.5	6.286	85.12%	6.33%						6.286

06/04/2026	2000	3	100%		DURET Arthur				EBM	Trials Avrl 26 - J4C6				01:31.3	94.77%							6.053
06/04/2026	2000	3	100%		THOMAS Awen				EM	Trials Avrl 26 - J4C6				01:29.3	93.98%							5.573
06/04/2026	2000	3	100%		EL KHOLTI Victor				EM	Trials Avrl 26 - J4C6				01:30.4	92.92%							6.014
06/04/2026	2000	3	100%		BEL MOUCHARD Jules				EBM	Trials Avrl 26 - J4C6				01:34.9	91.25%							6.194